

Governing Body meeting (held in public)

DATE: 24 March 2016

Title	Minutes from meeting of the Bexley Health and Wellbeing Board on 25 January 2016	
This paper is for Information		
Recommended action for the Governing Body	That the Governing Body: 1. Note the minutes of the meeting of the Bexley Health and Wellbeing Board on 25 January 2016.	
Potential areas for Conflicts of interest	None.	
Executive summary	<p>The Bexley Health and Wellbeing Board minutes are from its meeting on 25 January 2016.</p> <p>The meeting discussed: Review of children and young people’s mental health and emotional wellbeing in Bexley; CAMHS transformation plan; Our healthier SE London – local care networks; “Care for me at home” – a qualitative exploration of experiences of people receiving domiciliary (home) care in the London borough of Bexley; Health and wellbeing board executive group – proposal for new orders of reference; Better care fund: quarter 2 submission; (Any other business, which included: Bexley tobacco control strategy; CQC inspections of GP surgeries in Bexley and Integrated commissioning board – meeting notes.</p>	
How does this paper support the CCGs objectives?	Patients:	Not applicable.
	People:	Not applicable.
	Pounds:	Not applicable.
	Process:	Not applicable.
What are the Organisational implications	Key risks	None arising from this report.
	Equality	None arising from this report.
	Financial	None arising from this report.

	Data	None arising from this report.	
	Legal issues	None arising from this report.	
	NHS constitution	None arising from this report.	
Engagement	None in relation to this report.		
Audit trail	None.		
Comms plan	None in relation to this report.		
Author: Jon Winter Assistant Director Communications and Corporate Services	Clinical lead: Dr Nikita Kanani NHS Bexley CCG Chair	Executive sponsor: Sarah Blow Chief Officer	
Date	14 March 2016		

BEXLEY HEALTH AND WELLBEING BOARD
25 January 2016

At a meeting of the BEXLEY HEALTH AND WELLBEING BOARD held at Council Chamber, Bexley Civic Offices, 2 Watling Street, Bexleyheath on MONDAY 25 JANUARY 2016 at 7.30pm.

Present:

Terry Bamford OBE, Sarah Blow, Tom Brown, Dr Nikki Kanani, Dr Sonia Khanna-Deshmukh, Dr Nada Lemic, Paul Moore, Councillor Teresa O'Neill OBE, Jane Shuttleworth, Sakthi Suriyaprakasam and Jacky Tiotto.

Also present:

Councillors Roy Ashmole and James Hunt.

Mike Attwood (Consultant), Ian Burroughs (NHS Bexley CCG), David Palmer (MIND in Bexley) and Mike Parker (Progress Health Partnerships Ltd)

1. APOLOGIES FOR ABSENCE AND SUBSTITUTIONS

(Agenda Item 1)

Apologies had been received from Annie Callanan, Councillor Eileen Pallen and Matthew Trainer.

2. MINUTES OF THE MEETING HELD ON 11 NOVEMBER 2015

(Agenda Item 2)

The minutes of the meeting were agreed.

RESOLVED:- That the minutes of the meeting held on 11 November 2015 be agreed and signed as a true record.

3. DECLARATIONS OF INTERESTS AND DISPENSATIONS

(Agenda Item 3)

The Leader of the Council said she was a patient at the Crook Log surgery, should this surgery be mentioned under agenda item 12b).

4. STANDING ORDER 65(6)

(Agenda Item 4)

There were no items of late business.

5. REVIEW OF CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH AND EMOTIONAL WELLBEING IN BEXLEY

(Agenda Item 5)

Mike Attwood said the Board had agreed to adopt this new health priority for the Borough, and he was now able to provide members with a detailed overview of the work undertaken to the point where he could

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now make available a working draft of the review report containing preliminary findings and recommendations.

Mike set out the aim and approach of the research building on the JSNA, and described the prevalence of mental health problems of the cohort in scope of the review, the co-existence of mental and physical health problems, economic impacts and the cost benefits of investing in public mental health. He also described the four levels of engagement undertaken in the study, over and above desk based research.

The Board was advised that, given the research findings, and the emerging picture of increasing need and prevalence, a holistic approach was being recommended to redesign services over time to deliver a range of “universal plus” services to better target prevention and early intervention: it was noted that a step by step approach would not achieve the recommended redesign.

Mike said a whole system approach was needed, but in describing the interventions and programmes recommended, and explaining the anticipated consequences of not intervening early, he said there was good evidence to suggest that Bexley was well placed to build the new range of services deemed necessary, with some universal capacity already evolving.

The Board heard that the key messages emerging from engagement were that children and young people want happy places to pursue their interests, parents felt that LB Bexley could act as a pilot to destigmatise mental illness, professionals were of the opinion that one overall, well-integrated and resilient network of services was required, and senior leaders had seen signs of integration and co-commissioning which could now be developed further.

Members discussed the proposals and preliminary findings in detail, noting that this could build on work started already, with a set of perhaps no more than 12 key (or universal) indicators to measure progress in tackling mental health in the Borough.

Asked about this proposal in the current financial climate, Mike advised that he was of the opinion that a lot could be undertaken through universal services, at no extra cost – it was more about reconfiguring and redesigning existing services, such as establishing referral hubs and bridging the gap between GPs and schools. He said he would try to demonstrate the payback in the final report, and the benefits of risk and estate sharing, for example, and offer some thoughts on what other sectors could be engaged in service delivery. Mike added that he would also try to weight and distillate the recommendations, with perhaps more commentary on those he considered should be addressed primarily by

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the Board, with some key messages intended to demonstrate that financial investment in prevention is the way forward, and cost-effective.

The Board welcomed this significant and important piece of work and thanked Mike Attwood and Mike Parker and colleagues for their expertise and input to date. Noting that more work was still required in the lead up to the preparation of the final report, it was agreed that at some point the Executive Summary of that report should be brought back to the Board for discussion.

RESOLVED:- That the Board receives, for discussion, the Executive Summary of the final research report and recommendations.

6. CAMHS TRANSFORMATION PLAN
(Agenda Item 6)

Noting that the CAMHS Transformation proposals had been identified in the previous item as attempting to bridge some of the service gaps identified, and build capacity, Sarah Blow said the re-submitted Plan had been approved by NHS England, and thus the programme would now move forward.

This was welcomed and noted.

7. OUR HEALTHIER SE LONDON – LOCAL CARE NETWORKS
(Agenda Item 7)

Ian Burroughs said the development of Local Care Networks (LCNs) was still in the early days of planning, but he wanted to raise awareness of the model and proposals for the Board.

He said LCNs offer affordability and quality, adding that the LCN model underpins the intention for a wide range of providers to deliver community based care that is focussed and developed around the individual. He set out the seven characteristics of care in the LCN model, and members noted that delivery of these seven characteristics will indicate success.

Setting the context, Ian said it was intended that each of the 24 LCNs in South East London (Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark CCG's) would have a Leadership structure. An individual LCN would provide primary and community care encompassing a core group of services whilst also working alongside Local Authority services (such as social care) to serve a geographically coherent population of between 50,000 and 150,000 people. The Board noted that the intention is for a LCN to provide proactive patient centred care, delivering services

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in ways that respond to the varied needs and characteristics of the communities they serve.

In Bexley he said three LCNs were proposed, within the existing localities of North Bexley, Clocktower and Frognal.

The Board noted the proposal.

Sarah Blow then advised the Board that a Strategic Transformation Plan was being proposed for SE London, and said the Our Healthier SE London model is the basis for this strategic transformation. She said there was now a desire to progress the transformation proposals with NHS England, and sought the Board's support to proceed. The Board agreed to support the transformation proposal.

RESOLVED:- That the Board supports the proposal to proceed with the Strategic Transformation Plan for SE London.

8. "CARE FOR ME AT HOME" – A QUALITATIVE EXPLORATION OF EXPERIENCES OF PEOPLE RECEIVING DOMICILIARY (HOME) CARE IN THE LONDON BOROUGH OF BEXLEY
(Agenda Item 8)

David Palmer was invited to address the Board in respect of the Healthwatch led study into domiciliary care in Bexley.

David said this is an under researched area, and the purpose of the study was to look at the experiences of people using domiciliary care services, see what works well and ascertain if any low cost recommendations could be drawn up for areas where improvements were deemed to be necessary. He said 1,000 people receive home care in Bexley.

The Board heard that satisfaction levels of those people receiving home care and who took part in the study were high, but they also highlighted some challenges and concerns, such as the quality of care at weekends, lateness and continuity of workers, a need for better choice and loneliness. David said the latter was already being reviewed by a separate Board sub group. David summarised the seven recommendations arising from the study and said he was proposing to implement a pilot on some of the interventions identified and recommended.

In discussion the Board welcomed the report and noted that there were some similar themes emerging from this study and from the earlier mental health item, such as communications, a clear pathway to services and important messages for commissioners. The Board suggested that

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the study sample be widened in an attempt to cover different ethnic groups, and that opportunities to promote the report and research findings, to generate awareness, should be developed.

The Board commended the balance of the report and noted the recommendations to take matters forward.

9. HEALTH AND WELLBEING BOARD EXECUTIVE GROUP – PROPOSAL FOR NEW ORDERS OF REFERENCE
(Agenda Item 9)

Following up discussions at the last meeting, Sakthi Suriyaprakasam said the Board was now being invited to agree to reshape its Executive Group and redefine the Group's work to enable the Building Health Partnerships programme in Bexley to be developed and taken forward.

This was agreed.

RESOLVED:- That

- i) the Orders of Reference of the Bexley Health and Wellbeing Board Executive Group be changed as proposed; and,
- ii) the Chief Executive of the Bexley Voluntary Services Council be appointed as Chairman of the Bexley Health and Wellbeing Board Executive Group, with the appointment reviewed in 12 months.

10. BETTER CARE FUND: QUARTER 2 SUBMISSION
(Agenda Item 10)

In noting the Quarter 2 submission, and given the significance of the Better Care Fund and her preference for the Board to collectively agree quarterly submissions before they were due, the Chairman said she was proposing that the Board's meeting schedule in 2016/17 be reviewed to see if meetings could be better aligned prior to Better Care Fund submission deadlines.

This was agreed, once the BCF submission dates were known.

RESOLVED:- Once the BCF submission dates are known, the Board's meeting schedule be reviewed to see if it can be better aligned with submission timetable.

11. PUBLIC QUESTIONS
(Agenda Item 11)

There were no public questions.

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12. ANY OTHER BUSINESS

(Agenda Item 12)

a) Bexley Tobacco Control Strategy

Dr Lemic said the Strategy arose from the Addictions Plan and was before the Board for their approval to implement. This was agreed.

b) CQC inspections of GP surgeries in Bexley

It was agreed that this item be deferred to the next meeting.

c) Integrated Commissioning Board – notes of meeting held on 5 November 2015

These were noted.

d) Forward Agenda for next meeting

Subject to adding the Executive Summary arising from the review of children and people's mental health (as discussed at agenda item 5), the CQC inspections report deferred from agenda item 12b), and the Bexley Safeguarding Children Board Annual Report 2014-15, the Forward Agenda was agreed.

RESOLVED:- That

- i) the Bexley Tobacco Control Strategy be approved for implementation in Bexley.
- ii) the Forward Agenda for the next meeting, as amended, be agreed.

13. NEXT MEETING 8 MARCH 2016, 2.30PM

(Agenda Item 13)

This was noted.

The Board rose at 9.28pm