

Governing Body meeting (held in public)

DATE: 24 November 2016

Title	Our Healthier South East London – programme update newsletter
This paper is for Information	
Recommended action for the Governing Body	That the Governing Body: Note the contents of the September edition of the new <i>Our Healthier South east London</i> programme update for stakeholders, entitled <i>Healthier</i> .
Potential areas for Conflicts of interest	None.
Executive summary	<p>The <i>Our Healthier South East London</i> programme issues a monthly newsletter entitled <i>Healthier</i>.</p> <p><i>Healthier</i> is sent directly by the programme team to a number of key stakeholders. The CCG then sends a number of additional copies to local stakeholders. It aims to bring stakeholders up-to-date with engagement activity and developments in the programme as well as focusing on specific areas of work and people involved with the programme.</p> <p>This report contains the September 2016 edition, which contained articles on:</p> <ul style="list-style-type: none"> • Planned care latest - panel meets to evaluate site options for elective orthopaedic centres • Sustainability and Transformation Plans – where have they come from and what do they mean for people in south east London? • New Cancer Centre at Guy’s Hospital welcomes first patients • Change in action - local primary care leaders emerge from innovative development programme • In focus - improving patient care through smarter use of technology • Patient voices - social isolation reduced through care navigation

Clinical Commissioning Group

How does this paper support the CCG's objectives?	Patients:	Improve the health and wellbeing of people in Bexley in partnership with our key stakeholders.	
	People:	Empower our staff to make NHS Bexley CCG the most successful CCG in (south) London.	
	Pounds:	Delivering on all of our statutory duties and become an effective, efficient and economical organisation.	
	Process:	Commission safe, sustainable and equitable services in line with the operating framework and which improves outcomes and patient experience.	
What are the Organisational implications	Key risks	None specifically arising from this report.	
	Equality	None specifically arising from this report.	
	Financial	None specifically arising from this report.	
	Data	None specifically arising from this report.	
	Legal issues	None specifically arising from this report.	
	NHS constitution	None specifically arising from this report.	
Engagement	Communications and engagement is led by the Our Healthier South East London communications and engagement workstream, which the CCG is an active member.		
Audit trail	N/A		
Comms plan	Communications and engagement is led by the Our Healthier South East London communications and engagement workstream, which the CCG is an active member. The report details recent communication activity.		
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Date	14 November 2016		

Healthier

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Welcome

This is the Our Healthier South East London monthly newsletter. Below you will find the latest news, updates and information on our five-year strategy to improve health and care services across Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark, as well as details of how you can get involved.

If there is anything you would like us to include in this newsletter, or if you have any feedback, please let us know – email us at ourhealthiersel@nhs.net

Latest news



Planned care latest: Panel meets to evaluate site options for elective orthopaedic centres

Our work to [improve planned adult inpatient orthopaedic services](#) continues at pace this month. We are considering whether consolidating planned inpatient orthopaedic surgery into two elective orthopaedic centres could improve patient care and experience. If this went ahead, these centres would be

based at two of the existing hospital sites in south east London. Last month we told you that the sites that providers have put forward as the most suitable were: [Guy's Hospital](#), [University Hospital Lewisham](#), [Queen Mary's, Sidcup](#) and [Orpington Hospital](#).

Since then, an evaluation panel has met twice to begin the process of assessing these site options against financial and non-financial criteria developed by clinical and patient groups and agreed by a committee of the six south east London clinical commissioning groups - known as the Committee in Common.

No decisions have been made yet and the panel has more work to do before it decides whether to recommend a preferred option to the Committee in Common, who meet on 8 November 2016. For the orthopaedic centre proposal to go forward it will have to demonstrate that it does not destabilise any hospital, that trauma services can be maintained at our A&E departments and that it is affordable and makes a positive financial contribution.

[Find out more about the panel's work](#) so far and how possible locations for elective orthopaedic centres have been scored so far.

At the Committee in Common meeting in November a decision will be made whether to proceed to a public consultation for 14 weeks starting this autumn and running into 2017, to test the options that emerge. No changes could be made to services until the results of the consultation have been considered, which is likely to be in April 2017.

Read more about our ideas and [tell us what you think](#) by visiting our website, writing to us or connect with us on [Twitter](#).

Listening to people who could be most affected by our ideas for orthopaedic care

We know that health services in south east London are not always set up in a way to give our diverse communities the same experience. Our work to address this continues and we have been acting on feedback from our second independent equalities analysis.

Our independent assessors have specifically been looking at the potential impact on groups of people with 'protected characteristics' under the Equalities Act 2010. This will help inform our plans so that we make the most of positive impacts and do our best to mitigate any negative impacts.

The equalities analysis identified a number of groups who would be impacted by change - these include: older people; carers; people with physical disabilities and long term conditions; white older women as well as people with learning disabilities. In addition their research showed indicative findings that people undergoing gender reassignment may be disproportionately affected. Intelligence gained through the analysis has indicated that the bone density of someone going through this procedure is affected by the treatment they have. This means we have to pay particular attention to the needs of this group when thinking about changes to planned orthopaedic care. We are now working to gain insight by conducting telephone interviews with people undergoing gender reassignment to make sure we take into account their needs as we move towards a potential public consultation around consolidating planned adult inpatient orthopaedic surgery. We are also running focus groups with the other affected groups. Find out more about [how we are involving local people in our work](#).

Sustainability and Transformation Plans – where have they come from and what do they mean for people in south east London?

Interest in [Sustainability and Transformation Plans](#) (STP) has grown considerably over the last month. National and local media coverage has generated questions about the plan for south east London and what it means for local people. Following publication of the NHS Five Year Forward View, all NHS regions in England are required to work together with their local councils to an STP for local services. These plans describe how health and social care organisations will work together to produce a

population based strategy to deliver financially and clinically sustainable services over the next five years.

The STP for south east London builds on work that was already taking place via the Our Healthier South East London programme. This was led by the six clinical commissioning groups in south east London but with the active engagement of other stakeholders. The models of care developed through this programme are the product of several years of partnership working between clinicians, commissioners, council social care leads, local hospitals, and have been informed by wide engagement with local communities, patients and the public.

Our draft STP is, in effect, a development and expansion of the Our Healthier South East London strategy and will go through a national assurance process before it is finalised. Most of our ideas have already been discussed extensively with local people and you can read more about them on our website, along with a [summary of our STP](#).

New Cancer Centre at Guy's Hospital welcomes first patients

This month the new Cancer Centre at Guy's Hospital opened its doors to patients. The facility brings radiotherapy, chemotherapy and many outpatient clinics under one roof to provide more seamless care for people affected by cancer. The centre will also be a hub for south east London, providing specialist cancer services, training, development and research, improving both cancer treatments and outcomes. Find out more about [Guy's Cancer Centre](#).



Change in action

Local primary care leaders emerge from innovative development programme

An innovative programme to develop leadership skills across primary care in Lambeth and Southwark has resulted in the formation of strong GP federations, successful delivery of

seven day, 8am – 8pm access to GP services and wider system integration.

These are some of the highlights outlined in an independent evaluation of the [Lambeth and Southwark Primary Care Development Programme](#). The programme was funded by a £1.2 million grant from [Guy's and St Thomas' Charity](#) and has seen 26 local GPs and practice managers complete the intensive leadership programme to equip them to respond to the challenges facing primary care. The programme has also created the collective leadership capacity to ensure that general practice is able to contribute confidently to the development of new ways of working alongside other partners within the local care system.

"The best things about the programme were meeting other people working in primary care in Lambeth and Southwark, having space to think about our frustrations and to be able to think more creatively about how to solve them, and working through these issues with people with different experiences," said Dr Lauren Parry (pictured), GP and director of IHL, the South Southwark GP federation.

[Find out more about the programme and its impact.](#)



In focus

Improving patient care through smarter use of technology

To help local services and organisations work better together and provide more joined up care for patients, staff need effective IT systems and channels for sharing information. We know we need to embrace digital technology to deliver our Sustainability and Transformation Plan. Using technology in an innovative way will help us to transform services, make tasks more straight forward, save staff valuable time and make sharing information easy and safe across networks of healthcare professionals involved in an individual's care.

Nationally the NHS has made a commitment to work towards fully interoperable electronic health records so that patient's records are paperless. As part of this, we are developing a [local digital roadmap](#), which will explain how we can make better use of digital technology and data sharing to support people to work 'paper-free'.

We are running a series of workshops up until the end of 2016 to build a picture of existing initiatives and pull together a list of new ideas that will help us become paper-free at the point of care. The workshops will focus on:

1. **Interoperability** – we will look at how we can make better use of digital tools to break down organisational barriers. This will build on the success of initiatives like the [Local Care Record](#), which offers a new secure way of sharing information electronically between hospitals and GP practices in Southwark and Lambeth, and consider how we can develop a health record that gives more healthcare professionals from a range of disciplines who work around an individual, access to real time information about the people they care for.
2. **Infrastructure** – this means everything from our WiFi, to our mobile devices and telephony. When these systems work well, staff can do their jobs effectively and patients can receive better care. This workshop will focus on what action we need to take to provide the right systems and devices to support a more seamless flow of information.
3. **Data sharing** – we recognise that the information held by health and care services is highly sensitive and we are committed to using it responsibly. This workshop will focus on how we can gather and share information between professionals to offer people the best possible care while maintaining appropriate governance and security measures.

These workshops are aimed at healthcare professionals and if you would like more information, please contact SOUCCG.SELstrategy@nhs.net



Patient voices

Social isolation reduced through care navigation

Care navigation is now being piloted in Southwark GP federations. The aim is to support GP practices to

reduce social isolation and manage the social needs of their older patients.

Care navigators from Age UK Lewisham and Southwark are helping identify appropriate support networks and community groups to help them remain as independent and well supported as possible.

Rachel Henry, SAIL Care Navigation Team Leader at Age UK Lewisham and Southwark, explains how they helped Mary, 67 years old: “Mary was referred to us by her GP, as she had been frequently visiting the GP practice for about a year. She would often be waiting outside the practice for it to open in the morning. The receptionists would have a chat with her and make her a cup of tea.

“A member of our team went to meet Mary at home. The care navigator found out that Mary’s mother had died a year ago and she had felt very lonely since then. They also talked about what Mary would like to do to get out of the house more and make new friends. Mary was interested in trying out an arts and crafts group, so we went along to a centre together the next day.

“Mary really enjoyed it and wants to go back regularly as she can see herself making friends there. She has not been dropping into the surgery since she started to go to the centre. Her GP has said ‘attending the centre has made a big difference to her quality of life. She no longer feels it necessary to engage with counselling – she says she has recently been enjoying life’.”

There are 12 GP practices in Southwark taking part in care navigation.



A partnership of NHS providers and Clinical Commissioning Groups serving the boroughs of Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark, with NHS England.