

Governing Body meeting (held in public)

DATE: 29 September 2016

Title	Our Healthier South East London – programme update newsletters
This paper is for Information	
Recommended action for the Governing Body	That the Governing Body: Note the contents of the August edition of the new <i>Our Healthier South east London</i> programme update for stakeholders, entitled <i>Healthier</i> .
Potential areas for Conflicts of interest	None
Executive summary	<p>The <i>Our Healthier South East London</i> programme consolidated its communication channels in October 2015 and since then has issued a monthly newsletter entitled <i>Healthier</i>. This supersedes previous email updates that had been issued over differing timeframes.</p> <p><i>Healthier</i> is sent directly by the programme team to a number of key stakeholders. The CCG then sends to number of additional copies local stakeholders. It aims to bring stakeholders up-to-date with engagement activity and developments in the programme as well as focusing on specific areas of work and people involved with the programme.</p> <p>This report contains the August 2016 edition, which contained articles on.</p> <ul style="list-style-type: none"> • Possible sites for proposed elective orthopaedic centres announced • Independent expert clinicians give support to elective orthopaedic proposals • Workforce update: Testing training opportunities for care navigators • In focus: consolidating inpatient planned orthopaedic care: why change things and what will the impact be? • Making integrated care a reality in Southwark and Lambeth • Development of the patient voices programme

Clinical Commissioning Group

How does this paper support the CCG's objectives?	Patients:	Improve the health and wellbeing of people in Bexley in partnership with our key stakeholders	
	People:	Empower our staff to make NHS Bexley CCG the most successful CCG in (south) London	
	Pounds:	Delivering on all of our statutory duties and become an effective, efficient and economical organisation	
	Process:	Commission safe, sustainable and equitable services in line with the operating framework and which improves outcomes and patient experience	
What are the Organisational implications	Key risks	None specifically arising from this report.	
	Equality	None specifically arising from this report.	
	Financial	None specifically arising from this report.	
	Data	None specifically arising from this report.	
	Legal issues	None specifically arising from this report.	
	NHS constitution	None specifically arising from this report.	
Engagement	Communications and engagement is led by the Our Healthier South East London communications and engagement workstream, which the CCG is an active member.		
Audit trail	N/A		
Comms plan	Communications and engagement is led by the Our Healthier South East London communications and engagement workstream, which the CCG is an active member. The report details recent communication activity.		
Author: Jon Winter AD Communications and Corporate Services	Clinical lead: Dr Nikita Kanani Chair	Executive sponsor: Sarah Blow Chief Officer	
Date	22 September 2016		

Healthier

Issue 11 | August 2016



[Twitter](#)

Welcome

This is the Our Healthier South East London monthly newsletter. Below you will find the latest news, updates and information on our five-year strategy to improve health and care services across Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark, as well as details of how you can get involved.

If there is anything you would like us to include in this newsletter, or if you have any feedback, please let us know – email us at ourhealthiersel@nhs.net

Latest news



Possible sites for proposed elective orthopaedic centres announced

Over the past few months we have been explaining [why we think the delivery of planned orthopaedic care needs to change](#). Our proposals consider consolidating planned inpatient orthopaedic surgery into two elective orthopaedic centres. If the proposals went ahead, these would be based at two of the existing hospital sites in

south east London. The work we have done with clinicians, patients and managers indicates this model could deliver many benefits, including addressing the increasing demand for services, reducing cancellations and waiting times for procedures and reducing the variation in the quality of care and clinical outcomes for patients.

The sites that providers have put forward as the most suitable are: [Guy's Hospital](#), [University Hospital Lewisham](#), [Queen Mary's, Sidcup](#) and [Orpington Hospital](#).

No decisions have been made but these four sites would offer a number of possible configurations, which will be taken through an evaluation process in September 2016. Whilst a joint submission has been made by Dartford and Gravesham and Oxleas NHS Trusts to host an elective orthopaedic centre at Queen Mary's Hospital, in Sidcup, the proposal states that the services that could be provided at this site do not meet the full specification. This proposal will be evaluated alongside the other proposals put forward by providers to assess which sites are feasible for delivering an elective orthopaedic centre to the agreed specification before public consultation.

[Visit our website](#) for full details of our proposals and our timeline for next steps.

Before any changes could be made, if we propose significant change there will be a full public consultation, which could take place later in 2016. In the meantime, we are asking for your views on our proposals and the impact they may have on your health and wellbeing. This is not the public consultation but the feedback we gather will help us to plan the consultation.

You can [tell us what you think](#) by visiting our website, writing to us or connect with us on [Twitter](#).

Our work to improve planned care services is one of a number of initiatives in our [Sustainability and Transformation Plan](#) for south east London. This is a joint strategy involving health and social care services working together to make sure we have consistently high quality services that are financially sustainable now and in the future.

Independent expert clinicians give their support to our proposals

In May the [London Clinical Senate](#) convened a panel of expert clinicians and patient representatives from across the UK to examine our proposals to consider developing elective orthopaedic centres. The panel interviewed over 40 clinicians and patient representatives who have been involved in creating our plans to advise on whether there is clear clinical evidence for such a change, and whether our model will improve the safety and quality of patient care.

The Senate's findings showed they agree there is a strong case for changing the way that elective orthopaedic care is delivered in south east London. Clinicians from across the region support our proposed model to consider two consolidated sites for planned orthopaedic operations, while still providing as much care as possible close to patients' homes by maintaining outpatients, day case surgery and trauma care locally. To make sure trauma services can continue to work in the same way as now, we will also be asking the south east London, Kent and Medway Trauma Network for feedback on our proposals.

The panel made some recommendations, including that we should continue to work with clinicians to make sure patient care before and after any surgery in an elective centre is of consistently high quality across south east London. To achieve this we are planning to work with a wider pool of clinicians and patients from all six boroughs to agree a common set of standards for patient care at all stages of treatment.

Our commitment to patient and public engagement was praised and the panel suggested we build on this by looking in more detail at the groups of people that could be most impacted by our proposals. To help inform our ideas we commissioned an early independent equality impact assessment last summer. Now we have clear proposals for improving planned orthopaedic care we are conducting an in-depth equalities analysis and will ask for a further independent assessment during the public consultation. We will use this feedback and continue to work through our Equalities Steering Group,

as well as taking advice from national experts, The Consultation Institute, to make sure the needs of everyone who might use the proposed orthopaedic centres are thoroughly considered.

Workforce update: Testing training opportunities for care navigators

Our partners at [Health Education England \(South London\)](#) have recently confirmed their continued support for our ground-breaking work to develop career pathways for non-clinical staff, often known as care navigators. We have worked with local healthcare organisations and care providers to define competencies for care navigators - with a focus on helping them to gain new skills to better support people who use services, and care professionals. We are now in a position to offer a number of staff working across health and social care opportunities to develop these skills. We will soon be inviting [Community Education Provider Networks](#) across south east London to submit bids to develop staff and to test the benefits for staff themselves, on care professionals who they work with and on people using healthcare services.



In focus

Consolidating inpatient planned orthopaedic care: why change things and what will the impact be?

Orthopaedic care treats injuries or conditions involving the musculoskeletal system (bones joints, ligaments, tendons, muscles and nerves). You may be referred to a trauma and orthopaedic consultant for treatment of an injury such as a bone fracture or a long term condition that has developed over many years, such as osteoarthritis.

We are trying to improve these services in south east London for non-emergency patients who have their care planned in advance. This mainly includes routine procedures like hip and knee joint replacements and also some specialist procedures.

We are expecting demand for planned inpatient orthopaedic surgery to increase by 25% by 2021 (from 6,805 procedures to 8,554 per year). There are a number of reasons for this, but an ageing population is the main factor. Existing services won't be able to cope with this increase without expanding. We need to find a way to offer orthopaedic surgery to a lot more people than we can at the moment – in a way that is cost effective – while still making sure patients get the very best services and experience.

Our proposal, which has been developed by senior doctors and nurses with input from patients and local residents, considers consolidating planned inpatient orthopaedic surgery into two elective orthopaedic centres. We believe that by doing this there may be number of important benefits which could improve the quality of care for every patient, and make the service sustainable in the long term, including:

- more procedures could be carried out to cope with increasing demand
- there would be fewer cancelled operations as surgical theatres and beds in an elective orthopaedic centre would be ring-fenced
- there would be shorter waiting times for patients needing this type of surgery

- better infection control
- patients would spend less time in hospital
- the quality of care would be more consistent so all patients get a similar experience and outcome from their operation
- lower costs and more investment because of things like prescribing fewer antibiotics, standardising the type of replacement joints used by surgeons and reducing the length of time patients stay in hospital.

In our proposed model, if adopted, most orthopaedic care would not change. Emergency orthopaedic surgery (supporting A&E departments), day case procedures, outpatient and follow appointments would continue to be provided from the same sites as today.

Nothing has been decided and we are interested in hearing your views. There is lots more [detail about our proposals](#) now available on our website. Please take a look at [tell us what you think](#).



Change in action

Making integrated care a reality in Southwark and Lambeth

A new report has highlighted the positive impact of [Southwark and Lambeth Integrated Care \(SLIC\)](#) on improving care for local people and integrating health and social care systems across the two boroughs.

Set up in 2012, SLIC was a partnership of commissioners and providers, with citizens, working together to improve the value of care in Southwark and Lambeth to help local people live healthier and happier lives. During the four year lifespan of SLIC some of the headline achievements include:

- 100% of patient records are now available to GPs and the three hospitals as a result of the [Local Care Record](#), leading to 75% fewer calls from GPs to hospitals chasing information
- Despite the population of Lambeth and Southwark aged 65 years and over growing by 5%, hospital admissions and bed days were stabilised, and residential and nursing home placements were reduced 61%
- 14,500 people have benefitted from a Holistic Assessment (HA), creating a care plan with their GP to address their individual needs
- 1,500 calls to the Telephone Advice and Liaison (TALK) service have resulted in 720 people avoiding admission to hospital

Read the End of SLIC report: [‘Integrating Care in Southwark and Lambeth: What we did and how we did it’](#) and find out how the lessons learned will continue to inform our work to integrate and improve care for local people.



Patient voices

Local people are playing an important role in developing our ideas for improving health services. Patient and Public Voices (PPVs), recruited from across south east London, act in the interest of all patients. They use their wide range of personal experience as patients and carers or as professionals or volunteers

within healthcare to shape every stage of our work.

They meet together at our Patient and Public Advisory Group (PPAG) to share learning, provide peer support, facilitate wider engagement and share key messages.

The group feeds directly into our Strategic Planning Group, where all strategic decisions on our [Sustainability and Transformation Plan](#) are taken. The group meet bi-monthly and is just one of the ways the programme gains independent and objective feedback on how to improve healthcare services in south east London.

You might also like...

- [Healthy London Partnership latest newsletter](#)



A partnership of NHS providers and Clinical Commissioning Groups serving the boroughs of Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark, with NHS England.